1. PROJECT

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Title: A visual exposure strategy to facilitate the introduction of fruit and vegetables into the diets of toddlers

Dates: 01/05/2010 – 30/06/2012

Funding organisation: ESRC

Grant no.: ES/H02672X/1

2. DATASETS

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The study explored whether parents’ efforts to introduce their toddlers to disliked or unfamiliar fruits and vegetables at home are facilitated by a prior period of visual familiarisation to foods through shared picture books. Parents identified two target foods – 1 fruit and 1 vegetable – that they wanted their child to eat. In a randomised controlled trial design, families were allocated to one of three groups: a vegetable book, fruit book, or control (no book) group. Families looked at a book about one of their child’s target foods (except controls) for two weeks, before all families engaged in a 2-week taste exposure phase to both target foods.

Two datasets are available for this project. These are available as both .sav files (to be opened in SPSS) and .csv files (to be opened in Excel).

Publication Year: 2018

Creator(s): Carmel Houston-Price, Orla Kennedy, Claire Hill, Laura Owen

Organisation(s): University of Reading

Rights-holder(s): University of Reading

3. TERMS OF USE

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4. CONTENTS

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Two datasets are available for this project. The datasets involve overlapping groups of participants. Participant numbers are consistent across datasets, allowing the datasets to be combined if desired.

ESRC\_DATASET 1\_APPETITE\_2018 relates to data reported in Owen, Kennedy, Hill & Houston-Price (2018). Peas, please! Food familiarization through picture books helps parents introduce vegetables into preschoolers’ diets. *Appetite, 128*, 32-43. ISSN 0195-6663. Doi: <https://doi.org/10.1016/j.appet.2018.05.140> Also available from Centaur: <http://centaur.reading.ac.uk/72923/>

This dataset includes background demographic information about the participating families, and a set of questionnaire measures collected from parents at baseline, immediately post-intervention and at a 3-month follow-up. Measures include ratings of children’s liking and intake of both target foods, and standardised assessments of children’s attitudes towards foods. See table below for full details of variables available.

ESRC\_DATASET 2\_FQP\_2018 relates to data reported in Houston-Price, Owen, Kennedy & Hill (2018). Parents’ experiences of introducing toddlers to fruits and vegetables through repeated exposure, with and without prior visual familiarization to foods: Evidence from daily diaries. *Food Quality and Preference,* 71, 291-300. ISSN 0950-3293. Doi: <https://doi.org/10.1016/j.foodqual.2018.08.003>. Also available from Centaur at <http://centaur.reading.ac.uk/76278/>

This dataset includes background demographic information about the participating families, and the diary measures collected from parents during the taste exposure phase. Measures include ratings of children’s willingness to taste, liking and intake of the target foods during the intervention, and ratings of parents’ experiences of engaging with taste exposure.

5. METHOD and PROCESSING

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Full details of the source measures, and how these were coded are provided in the relevant publications.

Owen, Kennedy, Hill & Houston-Price (2018). Peas, please! Food familiarization through picture books helps parents introduce vegetables into preschoolers’ diets. *Appetite, 128*, 32-43. ISSN 0195-6663. Doi: <https://doi.org/10.1016/j.appet.2018.05.140>. Also available from Centaur: <http://centaur.reading.ac.uk/72923/>

Houston-Price, Owen, Kennedy & Hill (under review). Parents’ experiences of introducing toddlers to fruits and vegetables through repeated exposure, with and without prior visual familiarization to foods: Evidence from daily diaries. *Food Quality and Preference,* 71, 291-300. ISSN 0950-3293. Doi: <https://doi.org/10.1016/j.foodqual.2018.08.003>. Also available from Centaur: <http://centaur.reading.ac.uk/76278/>

*VARIABLES IN ESRC\_DATASET 1\_APPETITE\_2018*

|  |  |  |  |
| --- | --- | --- | --- |
| *Column no* | *Variable name* | *Source of measure* | *Description & coding* |
| 1 | Participant\_no | Assigned by experimenter | P numbers are consistent across databases to enable linking of data |
| 2 | Group | Assigned by experimenter | Did the child receive a book about fruit or vegetables?  0 = control (no book) group, 1 = fruit book group, 2 = vegetable book group. |
| 3 | Target\_Fruit | Parent | Name of child's target fruit |
| 4 | Target\_Fruit\_status | Parent | Is child's target fruit disliked or unfamiliar? 1 = disliked, 2 = unfamiliar |
| 5 | Target\_Vegetable | Parent | Name of child's target vegetable |
| 6 | Target\_Veg\_status | Parent | Is child's target vegetable disliked or unfamiliar?  1 = disliked, 2 = unfamiliar |
| 7 | BL\_ageinmonths | Demographic Questionnaire | Child age in months at Baseline |
| 8 | Gender | Demographic Questionnaire | Child gender  1 = male, 2 = female |
| 9 | Child\_ethnicity | Demographic Questionnaire | Child's ethnic origin  1 = White British, 2 = other |
| 10 | Parent\_qualifications | Demographic Questionnaire | Parent's qualifications  1 = degree level or higher, 2 = other |
| 11 | Parent\_marital\_status | Demographic Questionnaire | Parent's marital status  1 = married, 2 = other |
| 12 | Parent\_income | Demographic Questionnaire | Parent's household income  1 = £50k or more, 2 = other |
| 13 | N\_childreninhome | Demographic Questionnaire | Number of children in family (under 18) living at home |
| 14 | BL\_Frequency\_family\_meals | Demographic Questionnaire | Baseline frequency of family meals. Higher scores indicate child eats with other family members more often |
| 15 | BL\_Total\_veg\_purchases | Demographic Questionnaire | Baseline total veg purchases. Higher scores indicate vegetables bought more frequently. |
| 16 | BL\_Target\_veg\_purchases | Demographic Questionnaire | Baseline target vegetable purchases. Higher scores indicate target vegetable bought more frequently. |
| 17 | BL\_Total\_fruit\_purchases | Demographic Questionnaire | Baseline total fruit purchases. Higher scores indicate fruits bought more frequently. |
| 18 | BL\_Target\_fruit\_purchases | Demographic Questionnaire | Baseline target fruit purchases. Higher scores indicate target fruit bought more frequently. |
| 19 | BL\_CFNS | Child Food Neophobia Scale | Baseline Child Food Neophobia Scale. Higher scores indicate higher levels of neophobia. |
| 20 | BL\_CEBQFF | Child Eating Behaviour Questionnaire: Food Fussiness | Baseline Child Eating Behaviour Questionnaire: Food Fussiness. Higher scores indicate higher fussiness. |
| 21 | BL\_Daily\_fruit\_intake | Child Food Frequency Questionnaire | Child's total fruit intake per day at Baseline |
| 22 | BL\_Daily\_veg\_intake | Child Food Frequency Questionnaire | Child's total vegetable intake per day at Baseline |
| 23 | BL\_Target\_fruit\_intake | Child Food Frequency Questionnaire | Child's intake of target fruit per day at Baseline |
| 24 | BL\_Target\_veg\_intake | Child Food Frequency Questionnaire | Child's intake of target vegetable per day at Baseline |
| 25 | BL\_Target\_fruit\_liking | Fruit & Vegetable Preference & Familiarity Questionnaire | Child's liking of target fruit at Baseline.  0 = Never tried, 1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes.  NB Children coded 0 excluded from analyses of liking. |
| 26 | BL\_Target\_veg\_liking | Fruit & Vegetable Preference & Familiarity Questionnaire | Child's liking of target vegetable at Baseline.  0 = Never tried, 1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes.  NB Children coded 0 excluded from analyses of liking. |
| 27 | PI\_ageinmonths | Demographic Questionnaire | Child age in months at Post-Intervention |
| 28 | PI\_CFNS | Child Food Neophobia Scale | Post-Intervention Child Food Neophobia Scale. Higher scores indicate higher levels of neophobia. |
| 29 | PI\_CEBQFF | Child Eating Behaviour Questionnaire: Food Fussiness | Post-Intervention Child Eating Behaviour Questionnaire: Food Fussiness. Higher scores indicate higher fussiness. |
| 30 | PI\_Target\_fruit\_intake | Child Food Frequency Questionnaire | Child's intake of target fruit per day Post-Intervention |
| 31 | PI\_Target\_veg\_intake | Child Food Frequency Questionnaire | Child's intake of target vegetable per day Post-Intervention |
| 32 | PI\_Target\_fruit\_liking | Fruit & Vegetable Preference & Familiarity Questionnaire | Child's liking of target fruit at Post-Intervention.  0 = Never tried, 1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes.  NB Children coded 0 at baseline excluded from analyses of liking. |
| 33 | PI\_Target\_veg\_liking | Fruit & Vegetable Preference & Familiarity Questionnaire | Child's liking of target vegetable at Post-Intervention.  0 = Never tried, 1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes.  NB Children coded 0 at baseline excluded from analyses of liking. |
| 34 | FU\_ageinmonths | Demographic Questionnaire | Child age in months at Follow-Up |
| 35 | FU\_CFNS | Child Food Neophobia Scale | Follow Up Child Food Neophobia Scale. Higher scores indicate higher levels of neophobia. |
| 36 | FU\_CEBQFF | Child Eating Behaviour Questionnaire: Food Fussiness | Follow Up Child Eating Behaviour Questionnaire: Food Fussiness. Higher scores indicate higher fussiness. |
| 37 | FU\_Target\_fruit\_intake | Child Food Frequency Questionnaire | Child's intake of target fruit per day at Follow-Up |
| 38 | FU\_Target\_veg\_intake | Child Food Frequency Questionnaire | Child's intake of target vegetable per day at Follow-Up |
| 39 | FU\_Target\_fruit\_liking | Fruit & Vegetable Preference & Familiarity Questionnaire | Child's liking of target fruit at Follow-Up.  0 = Never tried, 1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes.  NB Children coded 0 at baseline excluded from analyses of liking. |
| 40 | FU\_Target\_veg\_liking | Fruit & Vegetable Preference & Familiarity Questionnaire | Child's liking of target vegetable at Follow-Up.  0 = Never tried, 1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes.  NB Children coded 0 at baseline excluded from analyses of liking. |
| 41 | NOffersFruit | Parent Diary | N offers of target fruit during taste exposure phase |
| 42 | NOffersVeg | Parent Diary | N offers of target vegetable during taste exposure phase |
| 43 | NTastesFruit | Parent Diary | N times target fruit tasted during taste exposure phase |
| 44 | NTastesVeg | Parent Diary | N times target vegetable tasted during taste exposure phase |

*VARIABLES IN ESRC\_DATASET 2\_FQP\_2018*

|  |  |  |  |
| --- | --- | --- | --- |
| *Column no* | *Variable name* | *Source of measure* | *Description & coding* |
| 1 | Participant\_no | Assigned by experimenter | P numbers are consistent across databases to enable linking of individual data |
| 2 | Group | Assigned by experimenter | Did the child receive a book about fruit or vegetables?  0 = control (no book) group, 1 = fruit book group, 2 = vegetable book group. |
| 3 | Target\_Fruit | Parent | Name of child's target fruit |
| 4 | Target\_Fruit\_status | Parent | Is child's target fruit disliked or unfamiliar?  1 = disliked, 2 = unfamiliar |
| 5 | Target\_Vegetable | Parent | Name of child's target vegetable |
| 6 | Target\_Veg\_status | Parent | Is child's target vegetable disliked or unfamiliar?  1 = disliked, 2 = unfamiliar |
| 7 | BL\_ageinmonths | Demographic Questionnaire | Child age in months at Baseline |
| 8 | Gender | Demographic Questionnaire | Child gender  1 = male, 2 = female |
| 9 | Child\_ethnicity | Demographic Questionnaire | Child's ethnic origin  1 = White British, 2 = other |
| 10 | Parent\_qualifications | Demographic Questionnaire | Parent's qualifications  1 = degree level or higher, 2 = other |
| 11 | Parent\_marital\_status | Demographic Questionnaire | Parent's marital status  1 = married, 2 = other |
| 12 | Parent\_income | Demographic Questionnaire | Parent's household income  1 = £50k or more, 2 = other |
| 13 | N\_childreninhome | Demographic Questionnaire | Number of children in family (under 18) living at home |
| 14 | BL\_Frequency\_family\_meals | Demographic Questionnaire | Baseline frequency of family meals. Higher scores indicate child eats with other family members more often |
| 15 | BL\_Total\_veg\_purchases | Demographic Questionnaire | Baseline total veg purchases. Higher scores indicate vegetables bought more frequently. |
| 16 | BL\_Target\_veg\_purchases | Demographic Questionnaire | Baseline target vegetable purchases. Higher scores indicate target vegetable bought more frequently. |
| 17 | BL\_Total\_fruit\_purchases | Demographic Questionnaire | Baseline total fruit purchases. Higher scores indicate fruits bought more frequently. |
| 18 | BL\_Target\_fruit\_purchases | Demographic Questionnaire | Baseline target fruit purchases. Higher scores indicate target fruit bought more frequently. |
| 19 | BL\_Daily\_fruit\_intake | Child Food Frequency Questionnaire | Child's total fruit intake per day at Baseline |
| 20 | BL\_Daily\_veg\_intake | Child Food Frequency Questionnaire | Child's total vegetable intake per day at Baseline |
| 21 | BL\_CFNS | Child Food Neophobia Scale | Baseline Child Food Neophobia Scale. Higher scores indicate higher levels of neophobia. |
| 22 | BL\_CEBQFF | Child Eating Behaviour Questionnaire: Food Fussiness | Baseline Child Eating Behaviour Questionnaire: Food Fussiness. Higher scores indicate higher fussiness. |
| 23 | N\_Exposures\_Fruit | Daily Diaries | Total N exposures offered to Target Fruit over 15 day taste exposure phase |
| 24 | N\_Tastes\_Fruit | Daily Diaries | Total N tastes accepted of Target Fruit over 15 day taste exposure phase |
| 25 | Prop\_OffersTasted\_TF | Daily Diaries | Proportion of offers tasted ('Willingness to Taste') of Target Fruit, overall |
| 26 | Prop\_OffersTasted\_TF\_D1\_5 | Daily Diaries | Proportion of offers tasted of Target Fruit, days 1-5 |
| 27 | Prop\_OffersTasted\_TF\_D6\_10 | Daily Diaries | Proportion of offers tasted of Target Fruit, days 6-10 |
| 28 | Prop\_OffersTasted\_TF\_D11\_15 | Daily Diaries | Proportion of offers tasted of Target Fruit, days 11-15 |
| 29 | Tot\_Intake\_Fruit | Daily Diaries | Total intake of Target Fruit over 15 day taste exposure phase |
| 30 | Mn\_Intake\_TF | Daily Diaries | Mean intake of Target Fruit per offer, overall  0 = none, 1 = a tiny taste/nibble, 2 = 1 tsp/a bite, 3 = 1 dessertspoon/several bites, 4 = a child-sized portion or more |
| 31 | Mn\_Intake\_TF\_D1\_5 | Daily Diaries | Mean intake of Target Fruit per offer, days 1-5  0 = none, 1 = a tiny taste/nibble, 2 = 1 tsp/a bite, 3 = 1 dessertspoon/several bites, 4 = a child-sized portion or more |
| 32 | Mn\_Intake\_TF\_D6\_10 | Daily Diaries | Mean intake of Target Fruit per offer, days 6-10  0 = none, 1 = a tiny taste/nibble, 2 = 1 tsp/a bite, 3 = 1 dessertspoon/several bites, 4 = a child-sized portion or more |
| 33 | Mn\_Intake\_TF\_D11\_15 | Daily Diaries | Mean intake of Target Fruit per offer, days 11-15  0 = none, 1 = a tiny taste/nibble, 2 = 1 tsp/a bite, 3 = 1 dessertspoon/several bites, 4 = a child-sized portion or more |
| 34 | Mn\_Liking\_TF | Daily Diaries | Mean liking of Target Fruit, overall  1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes |
| 35 | Mn\_Liking\_TF\_D1\_5 | Daily Diaries | Mean liking of Target Fruit, days 1-5  1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes |
| 36 | Mn\_Liking\_TF\_D6\_10 | Daily Diaries | Mean liking of Target Fruit, days 6-10  1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes |
| 37 | Mn\_Liking\_TF\_D11\_15 | Daily Diaries | Mean liking of Target Fruit, days 11-15  1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes |
| 38 | Mn\_Ease\_TF | Daily Diaries | Mean ease of persuading child to taste Target Fruit, overall  1 = very difficult, 2 = quite difficult, 3 = it was okay, 4 = quite easy, 5 = very easy |
| 39 | Mn\_Ease\_TF\_D1\_5 | Daily Diaries | Mean ease of persuading child to taste Target Fruit, days 1-5  1 = very difficult, 2 = quite difficult, 3 = it was okay, 4 = quite easy, 5 = very easy |
| 40 | Mn\_Ease\_TF\_D6\_10 | Daily Diaries | Mean ease of persuading child to taste Target Fruit, days 6-10  1 = very difficult, 2 = quite difficult, 3 = it was okay, 4 = quite easy, 5 = very easy |
| 41 | Mn\_Ease\_TF\_D11\_15 | Daily Diaries | Mean ease of persuading child to taste Target Fruit, days 11-15  1 = very difficult, 2 = quite difficult, 3 = it was okay, 4 = quite easy, 5 = very easy |
| 42 | Mn\_ParentEnjoy\_TF | Daily Diaries | Mean parent enjoyment of offering Target Fruit, overall  1 = very unpleasant, 2 = quite unpleasant, 3 = it was okay, 4 = quite enjoyable, 5 = very enjoyable |
| 43 | Mn\_ParentEnjoy\_TF\_D1\_5 | Daily Diaries | Mean parent enjoyment of offering Target Fruit, days 1-5  1 = very unpleasant, 2 = quite unpleasant, 3 = it was okay, 4 = quite enjoyable, 5 = very enjoyable |
| 44 | Mn\_ParentEnjoy\_TF\_D6\_10 | Daily Diaries | Mean parent enjoyment of offering Target Fruit, days 6-10  1 = very unpleasant, 2 = quite unpleasant, 3 = it was okay, 4 = quite enjoyable, 5 = very enjoyable |
| 45 | Mn\_ParentEnjoy\_TF\_D11\_15 | Daily Diaries | Mean parent enjoyment of offering Target Fruit, days 11-15  1 = very unpleasant, 2 = quite unpleasant, 3 = it was okay, 4 = quite enjoyable, 5 = very enjoyable |
| 46 | N\_Exposures\_Veg | Daily Diaries | Total N exposures offered to Target Veg over 15 day taste exposure phase |
| 47 | N\_Tastes\_Veg | Daily Diaries | Total N tastes accepted of Target Veg over 15 day taste exposure phase |
| 48 | Prop\_OffersTasted\_TV | Daily Diaries | Proportion of offers tasted ('Willingness to Taste') of Target Veg, overall |
| 49 | Prop\_OffersTasted\_TV\_D1\_5 | Daily Diaries | Proportion of offers tasted of Target Veg, days 1-5 |
| 50 | Prop\_OffersTasted\_TV\_D6\_10 | Daily Diaries | Proportion of offers tasted of Target Veg, days 6-10 |
| 51 | Prop\_OffersTasted\_TV\_D11\_15 | Daily Diaries | Proportion of offers tasted of Target Veg, days 11-15 |
| 52 | Tot\_Intake\_Veg | Daily Diaries | Total intake of Target Veg over 15 day taste exposure phase |
| 53 | Mn\_Intake\_TV | Daily Diaries | Mean intake of Target Veg per offer, overall  0 = none, 1 = a tiny taste/nibble, 2 = 1 tsp/a bite, 3 = 1 dessertspoon/several bites, 4 = a child-sized portion or more |
| 54 | Mn\_Intake\_TV\_D1\_5 | Daily Diaries | Mean intake of Target Veg per offer, days 1-5  0 = none, 1 = a tiny taste/nibble, 2 = 1 tsp/a bite, 3 = 1 dessertspoon/several bites, 4 = a child-sized portion or more |
| 55 | Mn\_Intake\_TV\_D6\_10 | Daily Diaries | Mean intake of Target Veg per offer, days 6-10  0 = none, 1 = a tiny taste/nibble, 2 = 1 tsp/a bite, 3 = 1 dessertspoon/several bites, 4 = a child-sized portion or more |
| 56 | Mn\_Intake\_TV\_D11\_15 | Daily Diaries | Mean intake of Target Veg per offer, days 11-15  0 = none, 1 = a tiny taste/nibble, 2 = 1 tsp/a bite, 3 = 1 dessertspoon/several bites, 4 = a child-sized portion or more |
| 57 | Mn\_Liking\_TV | Daily Diaries | Mean liking of Target Veg, overall  1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes |
| 58 | Mn\_Liking\_TV\_D1\_5 | Daily Diaries | Mean liking of Target Veg, days 1-5  1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes |
| 59 | Mn\_Liking\_TV\_D6\_10 | Daily Diaries | Mean liking of Target Veg, days 6-10  1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes |
| 60 | Mn\_Liking\_TV\_D11\_15 | Daily Diaries | Mean liking of Target Veg, days 11-15  1 = strongly dislikes, 2 = dislikes, 3 = neither likes nor dislikes, 4 = likes, 5 = strongly likes |
| 61 | Mn\_Ease\_TV | Daily Diaries | Mean ease of persuading child to taste Target Veg, overall  1 = very difficult, 2 = quite difficult, 3 = it was okay, 4 = quite easy, 5 = very easy |
| 62 | Mn\_Ease\_TV\_D1\_5 | Daily Diaries | Mean ease of persuading child to taste Target Veg, days 1-5  1 = very difficult, 2 = quite difficult, 3 = it was okay, 4 = quite easy, 5 = very easy |
| 63 | Mn\_Ease\_TV\_D6\_10 | Daily Diaries | Mean ease of persuading child to taste Target Veg, days 6-10  1 = very difficult, 2 = quite difficult, 3 = it was okay, 4 = quite easy, 5 = very easy |
| 64 | Mn\_Ease\_TV\_D11\_15 | Daily Diaries | Mean ease of persuading child to taste Target Veg, days 11-15  1 = very difficult, 2 = quite difficult, 3 = it was okay, 4 = quite easy, 5 = very easy |
| 65 | Mn\_ParentEnjoy\_TV | Daily Diaries | Mean parent enjoyment of offering Target Veg, overall  1 = very unpleasant, 2 = quite unpleasant, 3 = it was okay, 4 = quite enjoyable, 5 = very enjoyable |
| 66 | Mn\_ParentEnjoy\_TV\_D1\_5 | Daily Diaries | Mean parent enjoyment of offering Target Veg, days 1-5  1 = very unpleasant, 2 = quite unpleasant, 3 = it was okay, 4 = quite enjoyable, 5 = very enjoyable |
| 67 | Mn\_ParentEnjoy\_TV\_D6\_10 | Daily Diaries | Mean parent enjoyment of offering Target Veg, days 6-10  1 = very unpleasant, 2 = quite unpleasant, 3 = it was okay, 4 = quite enjoyable, 5 = very enjoyable |
| 68 | Mn\_ParentEnjoy\_TV\_D11\_15 | Daily Diaries | Mean parent enjoyment of offering Target Veg, days 11-15  1 = very unpleasant, 2 = quite unpleasant, 3 = it was okay, 4 = quite enjoyable, 5 = very enjoyable |
| 69 | FollowUp\_Qus | Fruit & Vegetable Preference & Familiarity Questionnaire | Did parents return Questionnaires at Follow-Up?  1 = yes, 0 = no |
| 70 | CHG\_B\_FU\_Veg\_Liking | Fruit & Vegetable Preference & Familiarity Questionnaire | Change in Liking of Target Veg from Baseline to Follow-up. NB Children for whom foods were unfamiliar at baseline excluded.  Larger positive values indicate positive change in liking |
| 71 | CHG\_B\_FU\_Veg\_Consumpt | Fruit & Vegetable Preference & Familiarity Questionnaire | Change in Consumption of Target Veg from Baseline to Follow-up.  Larger positive values indicate positive change in liking |
| 72 | CHG\_B\_FU\_Fruit\_Liking | Fruit & Vegetable Preference & Familiarity Questionnaire | Change in Liking of Target Fruit from Baseline to Follow-up. NB Children for whom foods were unfamiliar at baseline excluded.  Larger positive values indicate positive change in liking |
| 73 | CHG\_B\_FU\_Fruit\_Consumpt | Fruit & Vegetable Preference & Familiarity Questionnaire | Change in Consumption of Target Fruit from Baseline to Follow-up.  Larger positive values indicate positive change in liking |